



Welcome....

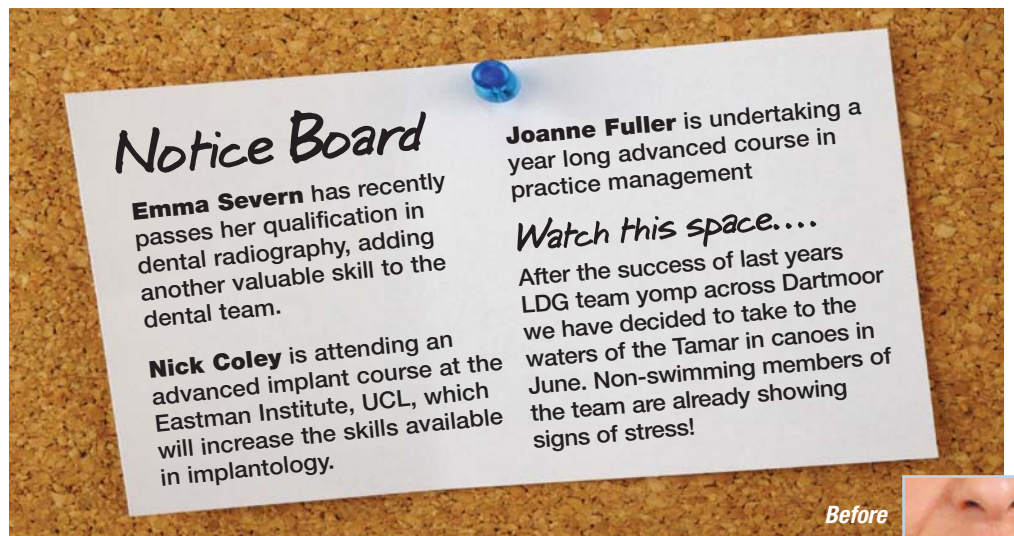
We are dedicating this issue of **smiling matters** to cosmetic treatments as there has been an unprecedented rise in cosmetic dentistry in the UK over the past year. TV programmes such as **Extreme Makeover** and **Ten Years Younger** regularly feature dental treatments that transform people's smiles. A beautiful healthy smile makes you look and feel great. Here at Lander Dental Group we have the skills and technology to offer our patients an extensive range of cosmetic procedures.**Keep Smiling**



Cerec Restorations

Cerec CAD/CAM technology allows us to make beautiful and lasting tooth-like fillings, crown and veneers, which look and feel just like your own teeth. Unlike conventional laboratory constructed restorations Cerec's can be completed during a single appointment, avoiding the need for repeated visits. This also eliminates the need for temporary restorations and in most cases impressions.

Cerec is a highly complex system and requires a significant and on-going commitment to training. We are delighted to offer this ultimate high-tech dental technology, for the benefit of our patients and to date we have completed over 600 restorations to the delight of our patients.



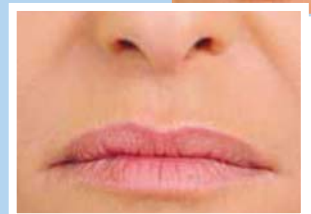
Facial Aesthetics

Here at Lander Dental Group we are delighted to offer facial aesthetic treatments. These treatments can help soften expression lines and define facial contours. The procedures are quick and easy to undertake and the results can have the effect of turning back the years. You will have a consultation before treatment is undertaken and all aspects of the procedures will be fully explained.

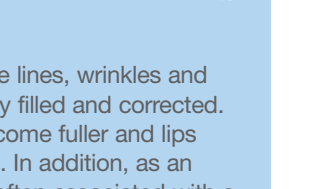
Wrinkle Relaxation

Botox is a highly popular method of softening facial expression lines and making the face look refreshed. Crease lines and wrinkles are a natural maturing process caused by a combination of ageing, sun damage, gravity and the everyday motions of laughing, talking, frowning and crying. Botox works by relaxing the tiny facial muscles which create expression lines. This means the

muscles no longer contract so the overlying skin stays smooth and crease-free. The result is a more serene and youthful look.



Before



After

Dermal Fillers

With Hydra Fill[®], fine lines, wrinkles and folds are immediately filled and corrected. Mouths too, can become fuller and lips more clearly defined. In addition, as an oval facial shape is often associated with a younger appearance, augmentation in the cheek area can enhance a youthful appearance.

To achieve long lasting improvements to the appearance of wrinkles, a deeper layer of the skin should be treated. Hydra Fill[®] works in the dermis itself, to fundamentally change the appearance of wrinkles.

Whiter, brighter teeth can be yours!

At Lander Dental Group we offer a range of three tooth whitening options:

1. Home Whitening
2. In-Surgery Power Whitening
3. Combination Whitening

Tooth whitening is a successful and simple method of lightening the colour of your teeth. Teeth yellow with age but drinking tea, coffee and colas all speed up this process. Smoking and other staining agents will also contribute to darkening of the teeth. The whitening technique removes the staining agent that has penetrated deep within the tooth and is most effective on mildly discoloured teeth. However, darker teeth can also be successfully lightened in colour but the process may take a little longer. The degree of whiteness achieved will vary from patient to patient and with the type of whitening process chosen. We can advise upon the suitability of treatment based upon your tooth and gum condition. For the most predictable, effective and quick solution to a beautiful, dazzling smile we recommend our combination whitening therapy.



Fact....

We pride ourselves in our time keeping, as we know that your time is just as important to you as our time is to us. We closely monitor the time patients may be kept waiting and we are delighted that our waiting time has improved consistently from last year

0% Finance on your Dental Treatment

To enable patients to spread the cost of their treatment, we are pleased to offer our patients 0% finance on items over £500. These payments can be spread over a maximum of 12 months. For repayment periods over this please ask for further details.

Lander Dental Group - Your Payment Options

- Option 1** Pay as you go at each appointment by cash, credit card or cheque with guarantee card.
- Option 2** Pay on acceptance of treatment (over £1000) and receive a 5% discount.
- Option 3** Join our Lander Dental Care Plan and receive up to 20% discount on treatment.
- Option 4** Take advantage of our credit facilities.

For more details call Joanne on 01872 272777

Restore your smile with dental implants?

At **Lander Dental Group** we are delighted to offer a state-of-the-art dental implant service. We have been placing implants at the practice since 2002 and have undertaken extensive training at the Eastman Dental Institute, University College of London.

What are the benefits of dental implants?

Implants provide a permanent solution to premature tooth loss and look, feel and function like your natural teeth. Patients enjoy great improvements during speech and eating, increased comfort and renewed confidence.

What are dental implants?

A dental implant is a titanium rod that is gently placed directly into the jawbone to act as an anchor to support one or more crowns or a denture. Each implant can usually be used to support up to two false teeth.

One major advantage of an implant is that it avoids the need to drill down the teeth either side of the "gap" which would normally be necessary in preparation of a conventional bridge.

Implants can also be used as anchors to improve the stability and retention of loose dentures.

Who can have implants?

We will carry out a thorough examination taking appropriate x-rays to see if your case is suitable. It can be dependent on the condition of the bone in the area of the planned implants. Very rarely there is not enough bone or it is not healthy enough, and it may not be possible to proceed without additional treatment.

If you are interested in dental implants, simply ask a member of the dental team who will be more than happy to discuss this option with you.

